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Incredible Edible Reciplease – it's a veggie revolution!

Through engaging stories and music Aunty Rozzy is encouraging kids to get into the kitchen and embrace healthy eating.

In the latest development for Aunty Rozzy, children's entertainer Ros Tesoriero has created *Aunty Rozzy's Incredible Edible Reciplease*.

Each month a new *Incredible Edible Reciplease* will be released, featuring one key ingredient that is in season. *Incredible Edible Reciplease* is designed to be easily accessible for children and teach them about seasonal produce as they enjoy their time in the kitchen.

In the first of the monthly *Incredible Edible Reciplease* Aunty Rozzy introduces Tasty Tomato Soup. These easy to follow recipes will have kids proudly cooking for the family by the end of the year!

Aunty Rozzy creator Ros Tesoriero has been inspired to create the Reciplease by her experience watching children engage with the Aunty Rozzy stories and songs "Children love getting into the kitchen and making something themselves. The *Incredible Edible Reciplease* is designed to encourage children to learn about food in a fun way with minimal adult assistance required – although I'd encourage grownups to keep an eye on the number of dishes they are piling up for washing!"

Ros Tesoriero is a professional musician and educator. Ros has been educating children since 1987. Aunty Rozzy was created as a character to relate to children aged two to eight. Ros realised that by making food fun children can be encouraged to develop healthy eating habits from a young age.

Aunty Rozzy has published two books; *The Incredible Edible Alphabet* and *Nanna's Carrots*. Books are available at www.auntyrozzy.com where children and adults can also find fun games, music videos and further recipes.

For tasty recipes, images or further information please visit

www.auntyrozzy.com or contact Ros Tesoriero +61 423 872 327 ros@auntyrozzy.com