



# Incredible Edible Reciplease

## The Incredible Edible Cool Cucumber Sandwiches

Cucumber sandwiches are very traditional for afternoon tea in England. Now you can make them yourselves for "high tea" or just have them for lunch!

### Ingredients (serves 4)

Loaf of white sandwich bread  
1 medium seedless cucumber, peeled and slice  
250 grams of Cream Cheese, softened  
3 green shallots sliced very finely  
 $\frac{3}{4}$  Cup fresh mint leaves,  
Chopped finely  
Salt and pepper to taste



### This is how we do it

1. Peel and slice the cucumber and set aside on a plate. If you like it crunchy, slice them thick - it's up to you.
2. Place softened cream cheese into a small bowl. Then rinse and finely chop the green shallots and mint and add to the cream cheese and mix together.
3. Spread the mixture on a slice of bread and top with some slices of cucumber. Sprinkle with some salt and pepper if you like. Place another slice of bread on top to close the sandwich.
4. Cut off the crusts. If you want to create triangles, slice the sandwich across from the left hand corner down to the right hand corner and then do the same with the other corners.

If you want to create squares then cut the sandwich down the middle and then across the middle.

Enjoy!

Visit [www.auntyrozy.com](http://www.auntyrozy.com) for more recipes and fun!

[Download printable recipe](#)

[Download Aunty Roszy images](#)

[Download this page](#)

Contact details: [info@auntyrozy.com](mailto:info@auntyrozy.com)

