



Aunty  
Roszy®



# Incredible Edible Reciplease

## The Incredible Edible Honeydew Smoothie

Honeydew melons are the sweetest of the melons.  
You will need a blender for this recipe.

### Ingredients (serves 4)

- 2 cups of honeydew melon
- 1 cup of seedless green grapes
- ½ Cup of Vanilla yogurt
- ¼ teaspoon of Vanilla extract
- 1 cup of ice



### This is how we do it

1. Cut the honeydew melon in half and scrape the seeds out.
2. Remove the skin and chop the honeydew melon into cubes and place into the blender.
3. Rinse the grapes and place them into the blender.
4. Add the yogurt, vanilla extract and cup of ice into the blender.
5. Blend until frothy.
6. Enjoy and share with your friends and family.

If you're game, add some chopped mint and see if you like it!

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