



Aunty  
Rozzy®



# Incredible Edible Reciplease

The Incredible Edible

## Eight Steps to The Perfect start to Mother's Day

Ingredients (Serves 1 for Mum)

- 2 oranges for squeezing
- 1 banana
- ½ a Cup of Chopped strawberries
- 1 Kiwi fruit
- A dollop of yummy yogurt
- Passionfruit for decoration



This is how you and your Dad do it!

- Step 1 - Kids: Get Dad out of bed!!
- Step 2 - Kids: Get out a tray and put a serviette and a flower from the garden on it.
- Step 3 - Dad: Juice two oranges into a nice glass then peel and chop a banana into a clean bowl.
- Step 4 - Kids: Wash some strawberries with love
- Step 5 - Dad: Remove the green bit from the top of the strawberries, slice it and add to the bowl. For colour, add in a chopped kiwi fruit.
- Step 6 - Kids: Get some yummy yogurt out of the fridge and add a dollop on top of the fruit salad.
- Step 7 - Dad: Cut a passionfruit in half, and squeeze all over the yogurt
- Step 8 - Kids: Make a card. Draw a lovely picture on the front and put it on the tray with a loving message.

Happy Mother's Day!

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